



Guthrie is proud to spotlight our newest facility, an expanded hand care team in the north and extended walk-in hours in the west.



Derrick G. Hickey, MD
Orthopedic Surgery
Hand Specialist

Guthrie Ithaca City Harbor offers an improved experience for musculoskeletal patients in Tompkins County. Expanded services at this location include walk-in appointments for orthopedics and sports medicine, as well as a new space for physical therapy, occupational therapy and hand therapy. The lean design of this office brings all caregivers to the patient exam room for care.

Also notable for Ithaca City Harbor is the expansion of our hand care team. Orthopedic hand specialist Derrick G. Hickey, MD and hand therapist Chris Perkins, MSOT, OTR/L, CHT collaborate regularly to provide individualized care plans for hand patients, whether that include surgical or non-surgical treatment options.



Chris Perkins, MSOT, OTR/L, CHT
Occupational Therapy
Hand Therapist

In our western region, Guthrie introduces orthopedic walk-in hours at Big Flats Specialties and Rehabilitation Services in Horseheads. Patients can walk in for care from 8 a.m. to 7 p.m. Monday through Friday, and 8 a.m. to noon on Saturdays. These extended hours will provide better access for orthopedic patients with injuries needing immediate attention, such as sprains and strains, sports injuries, fractures and dislocations, muscle, tendon, and ligament injuries.

With these additions, Guthrie continues to expand our services, offering joint replacement, sports medicine, hand care, foot care, and treatment of other musculoskeletal disorders.

Guthrie Musculoskeletal Services – By the Numbers

12-County Leader in Orthopedic Surgery




*FY22 Surgical Template (Internal)

†FY22 MSK Qlik Dashboard (Internal)

‡CY20 HANYS (Market Dataset)

Click the providers' names to view their profiles on www.Guthrie.org



Guthrie Musculoskeletal Services – A Comprehensive Team

The Largest Orthopedic Team in the Area

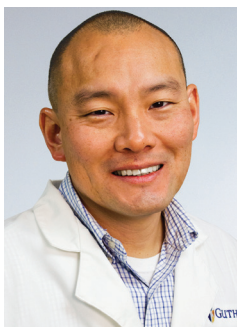


Our team offers a comprehensive approach to the treatment of muscle, bone, and joint disorders, including:

- Arthritis
- Foot and ankle
- Hand conditions
- Injury or trauma
- Joint replacement
- Metabolic bone diseases
- Osteoporosis
- Rheumatology
- Sports injury
- Rehabilitation services

With board-certified specialists in nearly every field of orthopedic surgery, you can count on Guthrie Orthopedics for expert care.

Referring a patient to the Guthrie musculoskeletal team is convenient – simply call **866-GUTHRIE** (866-488-4743) to make an appointment with any one of our specialists.



Joseph Y. Choi, MD, PhD, MHA
Chairman,
MSK Service



ORTHOPEDICS

Joseph Y. Choi, MD, PhD, MHA
 Chairman, MSK Service Line
Shoulder
 • Big Flats: 607-333-3191
 • East Corning: 607-973-8840
 • Ithaca: 607-219-4600
 • Sayre: 570-887-2841 option 2
 • Troy: 570-297-4104 (via Telemedicine)

Jeffrey Alwine, DO
Sports Medicine, Shoulder
 • East Corning: 607-973-8840

Abraham Appleton, MD
 Program Director, Orthopaedic Surgery
 Residency
Trauma
 • Ithaca: 607-219-4600
 • Sayre: 570-887-2841 option 2

Brett Auerbach, DO
Sports Medicine, Shoulder
 • Big Flats: 607-333-3191
 • Sayre: 570-887-2841 option 2
 • Southport: 607-734-3929

David K. Austin, MD
Hip and Knee
 • East Corning: 607-973-8840
 • Wellsboro: 570-724-4241

Robert M. Corey, MD
Sports Medicine, Shoulder, Hip
 • Ithaca: 607-219-4600
 • Cortland: 607-758-3750

Jeffrey Lutton, MD
 Associate Program Director, Orthopaedic
 Surgery Residency
Hip and Knee
 • East Corning: 607-973-8840
 • Sayre: 570-887-2841 option 2

Mason Stilwell, MD
Hip and Knee
 • Ithaca: 607-219-4600
 • Sayre: 570-887-2841 option 2

Daniel L. Tayag, MD
Hip and Knee, Trauma
 • East Corning: 607-973-8840
 • Sayre: 570-887-2841 option 2

Jennifer Altieri, NP
 • Sayre: 570-887-2841 option 2
 • Towanda: 570-265-6165

Paul E. Baker, MS, PA-C
 • Sayre: 570-887-2841 option 2
 • East Corning: 607-973-8840

Donna Brigham, NP
 • Sayre: 570-887-2841 option 2
 • Ithaca: 607-219-4600

Susan Carlisle, PA-C
 • Ithaca: 607-219-4600

Christine Doak, PA
 • Big Flats: 607-333-3191
 • East Corning: 607-973-8840

Timothy Flurschutz, MS, FNP
 • Sayre: 570-887-2841 option 2
 • Vestal: 607-798-1452

ORTHOPEDICS (Cont.)

Jonathan M. Green, MPA, PA-C
 • Big Flats: 607-333-3191
 • Sayre: 570-887-2841 option 2

Frederick Hilliker, NP
 • Sayre: 570-887-2841 option 2

Jody Howell, FNP
 • Big Flats: 607-333-3191
 • East Corning: 607-973-8840
 • Ithaca: 607-219-4600

Cathryn Kinsman, PA-C
 • Big Flats: 607-333-3191
 • Owego: 607-687-6101
 • Sayre: 570-887-2841 option 2
 • Vestal: 607-798-1452

Gabriel Mantz, CRNP
 • Sayre: 570-887-2841 option 2

Nicolas A. Marsiglio, PA-C
 • Big Flats: 607-333-3191
 • Sayre: 570-887-2841 option 2

Katy Miller, PA-C, ATC
 • East Corning: 607-973-8840
 • Wellsboro: 570-724-4241

Tim Rogers, PA-C
 • Big Flats: 607-333-3191
 • Sayre: 570-887-2841 option 2
 • Southport: 607-734-3929

Kimberly A. Ryan, PA-C, ATC
 • East Corning: 607-973-8840
 • Bath: 607-776-3921

Melony Shaffer, PA
 • Cortland: 607-758-3750

Brittany Watson, PA-C
 • Big Flats: 607-333-3191
 • Ithaca: 607-219-4600
 • Sayre: 570-887-2841 option 2

Kevin Wheeler, MS, RPA-C, AT
 • Sayre: 570-887-2841 option 2

INTERVENTIONAL PAIN MANAGEMENT

John Lockard, MD
 Director of Pain Management,
 Guthrie Robert Packer Hospital
 • Sayre: 570-887-2841 option 2

Abistanand Ankam, MD, FRCA
 • Sayre: 570-887-2841 option 2

Simon Shapiro, DO
 • Big Flats: 607-333-3191
 • Ithaca: 607-219-4600

Nicholas Volchko, MD
 • Corning: 607-973-8000
 • Wellsboro: 570-724-4241

Jason Paulman, PA-C
 • Big Flats: 607-333-3191
 • Corning: 607-973-8000

Alyssa Welles, PA-C
 • Sayre: 570-887-2841 option 2
 • Towanda: 570-268-4713

FOOT AND ANKLE

Wonyong Lee, MD
Foot, Ankle Surgery
 • Big Flats: 607-333-3191
 • East Corning: 607-973-8840
 • Ithaca: 607-219-4600
 • Sayre: 570-887-2841 option 2

Michael Caruso, PA-C
 • Big Flats: 607-333-3191
 • East Corning: 607-973-8840
 • Ithaca: 607-219-4600

HAND CARE

Derrick G. Hickey, MD
Hand, Wrist, Elbow and Shoulder Surgery
 • Ithaca: 607-219-4600
 • Cortland: 607-758-3750

Dana LaVanture, MD
Hand, Wrist and Elbow Surgery
 • Sayre: 570-887-2841 option 2
 • Towanda: 570-268-4713

Gavin D. O'Mahony, MD
Hand, Wrist and Elbow Surgery
 • Big Flats: 607-333-3191

Erin Lawrence, RPA-C
 • Cortland: 607-758-3750

Nancy J. Tompkins, MSN, FNP-C
 • Sayre: 570-887-2841 option 2
 • Owego: 607-687-6101
 • Towanda: 570-268-4713

PHYSIATRY

Laura Giganti, MD
 • Corning: 607-973-8197

RHEUMATOLOGY

Jackie A. Clowes, MD
 • Sayre: 570-887-2482 option 2

James Freeman, MD
 • Sayre: 570-887-2482 option 2

Vikash Patel, DO
 • Sayre: 570-887-2482 option 2
 (via Telemedicine)

SPORTS MEDICINE/FAMILY MEDICINE

Rex David S. Gido, DO, CAQSM
 • Ithaca: 607-219-4600
 • East Corning: 607-973-8840
 • Cortland: 607-758-3750

Donald E. Phykitt, DO
 • Sayre: 570-887-2239

Gaurav Jaswal, MD
 • Homer: 607-753-1025

**To make a referral,
 call 866-GUTHRIE
 (866-488-4743).**

REHABILITATION LOCATIONS

Big Flats Specialties and Rehabilitation Services
3344 Chambers Road, Suite 200
Horseheads, NY 14845
607-973-8959

Guthrie Cortland Medical Center
134 Homer Avenue
Cortland, NY 13045
607-756-3606

Guthrie Robert Packer Hospital
One Guthrie Square
Sayre, PA 18840
570-887-4801

Guthrie Robert Packer Hospital, Towanda Campus
91 Hospital Drive
Towanda, PA 18848
570-268-2209

Guthrie Troy Community Hospital
275 Guthrie Drive
Troy, PA 16947
570-297-9234

HealthWorks Wellness & Fitness Center
9768 Liberty Drive
Painted Post, NY 14870
607-937-5555

Ithaca City Harbor
720 Willow Avenue
Ithaca, NY 14850
607-219-4600



Learn more about Guthrie's comprehensive Rehabilitation Services team at www.Guthrie.org



www.Guthrie.org



GUTHRIE MSK SERVICES ONE TEAM ONE FOCUS

MISSION

Guthrie works with the communities we serve to help each person attain optimal, life-long health and well-being. We will do so by providing integrated, clinically-advanced services that prevent, diagnose, and treat disease, within an environment of compassion, learning, and discovery.

VISION

Improving Health through Clinical Excellence and Compassion; Every Patient. Every Time.

VALUES

Patient-Centeredness • Teamwork • Excellence